



Essential Decisions a Minimal Approach to Design

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Abstract

In a materially rich modern world, how to use the core concept of "less is more" of minimalism to guide our design and change our lives. Minimalism is an art style and design style. It follows the design concept of "less is more". Nowadays, this concept gradually integrates into people's lives and becomes a minimalist lifestyle. The author is curious how in this age of material abundance, it is possible to have few items, and how to choose the items that people need. This study studied the essence of minimalism, read books on minimalism, and studied the work of Japanese designers. After understanding the meaning of minimalism, the author learned the collation rules of a Japanese housewife, and practice organizing the author's room, and effectively choose the necessary necessities. In the process of practice, find the problem and the data of the items obtained through the interview and the needs of people, and design an effective minimalist design that can solve the problem. The author hopes to discover problems in life through minimalist design and use minimalist ideas to solve problems, better redesign the necessities of life, understand people real needs, improve the minimalism in life, influence and improve people life and future.

Keywords: *Minimalism, minimalist design, minimalist lifestyle, redesign*
